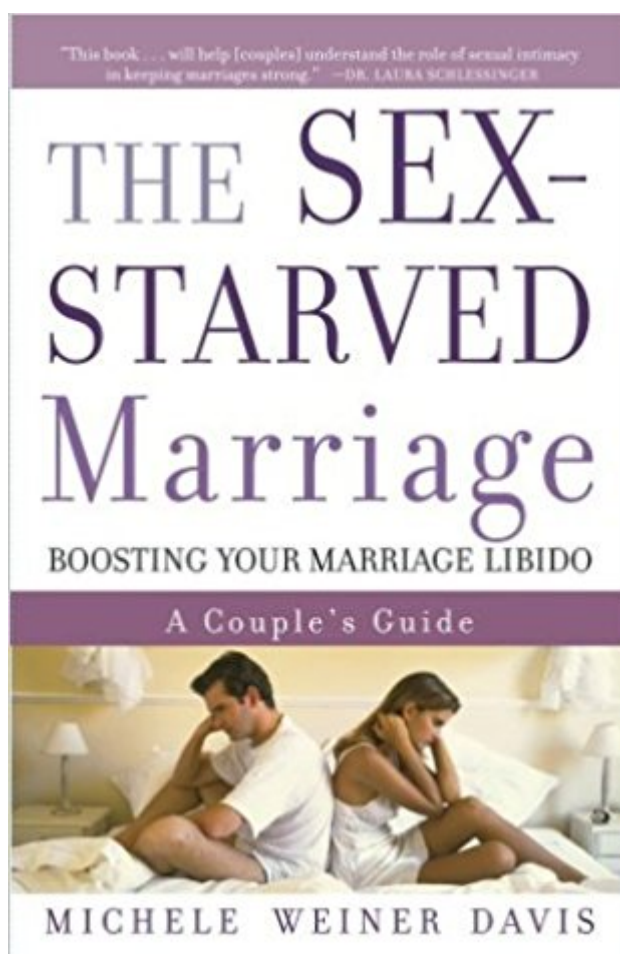


The book was found

# The Sex-Starved Marriage: Boosting Your Marriage Libido: A Couple's Guide



## Synopsis

Bring the spark back into your bedroom and your marriage with gutsy and effective advice from bestselling author Michele Weiner-Davis. It is estimated that one of every three married couples struggles with problems associated with mismatched sexual desire. Do you? If you want to stop fighting about sex and revitalize your intimate connection with your spouse, then you need this book. In *The Sex-Starved Marriage*, bestselling author Michele Weiner Davis will help you understand why being complacent or bitter about ho-hum sex might cost you your relationship. Full of moving firsthand accounts from couples who have struggled with the erosion of sexual desire and rebuilt their passionate connection, *The Sex-Starved Marriage* addresses every aspect of the sexual libido problem: If you're the more highly sexed partner, you'll breathe a sigh of relief. At last someone understands your feelings about the void in your marriage. Discover why your pleas for touch have fallen upon deaf ears and why your approach to the lull in your sexual relationship could be a sexual turnoff. Most important, learn new ways to motivate your spouse to take your needs for more physical closeness to heart. If you're the spouse with a lagging libido, you're far from alone. You'll learn about the physiological and psychological factors, including unresolved relationship issues, that may contribute to the chill in your bedroom and what you can do to melt the ice. And if you're a man, you'll be surprised to learn that staggering numbers of men, even men whose sexual machinery works just fine, "get headaches" too! *The Sex-Starved Marriage* will give you and your spouse the inspiration, encouragement, and answers you need.

## Book Information

Paperback: 224 pages

Publisher: Simon & Schuster; Reprint edition (January 8, 2004)

Language: English

ISBN-10: 0743227336

ISBN-13: 978-0743227339

Product Dimensions: 5.5 x 0.5 x 8.4 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 199 customer reviews

Best Sellers Rank: #38,421 in Books (See Top 100 in Books) #57 in [Books > Health, Fitness & Dieting > Sexual Health > General](#) #91 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Sexuality](#) #111 in [Books > Self-Help > Sex](#)

## Customer Reviews

In contrast to its tabloid title, *The Sex-Starved Marriage* offers candid and sensible counsel for couples with mismatched libidos. Seasoned sex therapist Michele Weiner-Davis skewers two stereotypes about sex in marriage. First, she jettisons the idea that husbands are hot and wives are not, giving examples of "low-desire" men in her practice. Next, she upends the longstanding model of sexual response and advises readers: "Just do it. Desire is a decision. Once the low-interest partner allows him/herself to be touched and aroused, this will trigger a strong desire to continue being sexual." The strength of her approach to the causes of sexual stalemate lies in her insights about the struggles of both partners. Her suggestions (how to break the ice, how to court your partner, nag busting, and the Hallmark solution) are not gimmicky and are presented as techniques for couples, not individuals. Weakened only by a final chapter--one that discloses too many details about the author's marriage--this perceptive book will inspire couples to add heat and light to their marriage. --Barbara Mackoff

Author (The Divorce Remedy), therapist and Oprah regular Davis offers a frank and reassuring guide for couples struggling with the "desire doldrums." It's been estimated that one-third of couples face issues of low desire, the impact of which is felt beyond the bedroom: "Unsatisfying sexual relationships," Davis writes, "are the all-too-frequent causes of alienation, infidelity and divorce." Unfortunately, libidos are rarely equal; most marriages have a low-desire spouse and a high-desire spouse. Davis offers advice for both, bolstered by numerous examples of how that advice has worked for couples she's encountered during her two decades as a marriage counselor. Court your partner the way he or she wants to be courted, Davis tells high-desire spouses; for low-desire spouses, sometimes the best idea is (to borrow a line from Nike) to "just do it." Her "field-tested" tips are sensible rather than earth-shattering-talk openly, be kind, commit to making a change for the better and set concrete, attainable goals-but in the hard-to-talk-about realm of sex, very welcome indeed. Copyright 2002 Reed Business Information, Inc.

This book is a great book I was feeling hopeless. I am glad I am not the only person that feels like I am starving my husband needs. Fast shipping

Excellent description of the problem, of causes, views from "both sides," and actions by both partners that can move toward a more satisfying and stronger relationship.

OK but kind of repetetive. Did not learn much.

Very good book about marriage dynamics pertaining to sex. Michele's Tedx talk is great too.

Great Book unfortunately little too late for my marriage, but I think anyone considering to get married this book is a must before and during the marriage....

Very practical and down to earth information. Perhaps one of the best books I have found on the subject. Honest and forthright information with practical ways to implement changes that work for both partners. I highly recommend this book!

This book really helps both partners in a sexually out of sync relationship understand the responsibility each partner has to solve problems and put the marriage first. Excellent ideas and clear guidance on what to do and how to do it. I appreciate Michele being a defender and believer in saving marriages.

Amazing book, I just hope my wife read it when I finish it. I used used a highlighter to mark the important parts that really hit home for me. Hopefully she will at least read those.

[Download to continue reading...](#)

The Sex-Starved Marriage: Boosting Your Marriage Libido: A Couple's Guide Sex Starved Marriage: Sex in Marriage: 31 Best Demonstrated Sex Positions Every Married Couple Should Try To Spice Up Their Sex Life (Scream, harder and longer, Sex positions, Sex Tips, Sex Guide) Sex: Sex Guide: The Perfect Sex Guide For Unbelievable Sex (Sex, Sex Guide, Sex Positions, Sex Addiction, Seduction, Sex Stories, Sex Books, Foreplay, Alpha Male, Relationships, Marriage) Sex: Sex Starved Marriage: 33 Demonstrated Sex Positions + 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her Life (+FREE BONUS)(Sex and Marriage, Sex Positions Book) Sex and Marriage: More Sex, Passion and Desire for Married Couples: Discover the 10 Ways to Turn Your Sex Life From Routine to Lustful Desire (Sex Tips, ... Marriage, Marriage Advice, Marriage Help) Aphrodisiacs That Increase Male Libido: Don't Let Low Libido & Testosterone Affect Your Romantic Encounters and Sex Drive Sex: 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her Life (+FREE Gift Inside) (How To Last Longer In Bed, Attract Women, ... Starved Marriage, Sex Guide) (What Is Sex) 200 Dirty Talk Examples: How to Dirty Talk your way to the Most Graphic, Mind-Blowing Sex of your Life (Sex Advice and Sex Tips to Improve Sex Life and have Better Sex) Kama Sutra: Best Sex Positions from Kama Sutra and Tantra to

Skyrocket Your Sex Life (Kama Sutra, Sex Positions, How to have Sex, Tantric Sex) (Volume 1)  
Marriage: Save Your Marriage- The Secret to Intimacy and Communication Skills (marriage, relationships, save your marriage, divorce, love, communication, intimacy) XXX MATURE SEX  
Pictures 3: sex, porn, milf, mature sex, love girls, sex pictures, anime sex pictures Marriage: How To  
Save Your Marriage And Rebuild Connection, Intimacy and Trust By Understanding It Better  
(Marriage Help, Marriage Counseling, Intimacy Advice, Relationship Communication Book 1)  
Testosterone: The Definitive Guide to Boosting Your Testosterone, Gaining Muscle, Increasing Your  
Sex-Drive and Becoming the Ultimate Male (testosterone, health, fitness) Sex and Marriage: How to  
Guide for Sex and Passion and Desire for Married Couples: Discover the 10 Ways to Turn Your Sex  
Life From Routine to Lustful Desire FiancÃ© and Marriage Visas: A Couple's Guide to U.S.  
Immigration (Fiance and Marriage Visas) Tantric Massage: #1 Guide to the Best Tantric Massage  
and Tantric Sex (Tantric Massage For Beginners, Sex Positions, Sex Guide For Couples, Sex  
Games) (Volume 1) Tantric Sex: The Truth About Tantric Sex: The Ultimate Beginner's Guide to  
Sacred Sexuality Through Neotantra (Tantric Sex Books, Tantric Sex For Men And Women)  
Marriage: How To Save And Rebuild Your Connection, Trust, Communication And Intimacy (FREE  
Bonus Included) (Marriage Help, Save Your Marriage, Communication Skills, Marriage Advice) The  
Procrastination Cure: 21 Proven Tactics For Conquering Your Inner Procrastinator, Mastering Your  
Time, And Boosting Your Productivity! Chakra for Sex: Harnessing the Sexual Energy: Lessons,  
Poses and Exercises to Open up Your Sacred Chakra and Improve Your Sex Life: Sex  
Improvement, Book 2

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)